

Dear Brenda,

November 14, 2013

I am writing this letter to commend you and your entire staff. During my recent stay at Cullman Health Care Center, I could not have been treated any better if I had been at my mom's house.

During my stay there, I didn't feel like I was at a rehab center. It felt like I was in an apartment building and living among friends. I made many friends, that's right, FRIENDS.

The residents were so nice to be around, even tho some of them will never be able to leave there, they always seemed to have a smile on them.

I can't say enough about the care I received. My nurses were what a real nurse should be. You knew that they cared. Mary, my day nurse, who stayed one night over 8 hours after her shift ended to make sure my meds were right. She would always tell me, "You got this".

That is my new motto. Before I left, she made me a sign with that on it and it is on my mirror at home where I can see it every morning and night and any time the pain becomes too much. At one point I had to be sent to the hospital because they thought I might have a blood clot, Mary told me "You got this". I kept saying that to myself all the way there and in the room and she was right. I did have it. I did not have a clot. So Mary, thank you so much for your care and love you gave to me. Rene, Linda, and Kevin were my other nurses. They were always so nice to me. When Kevin was on duty I never had to ring the buzzer because he was always right there with my meds on time.

My CNA's were wonderful, they were always so sweet and always had a smile on their face when they came into my room. Which would help to lift my spirits right away. Gwen, one of my CNA's brought her brand new granddaughter to see me one night. I had been telling her how much I missed my own grandkids and that I had not even held my newest addition. That was the greatest thing anyone could do for me. To let me hold that sweet little baby girl. Gwen, I am still working on that blanket for her. To "my boys" as I called them, (you know who you are), thanks for always making me laugh. When it came time for us to put my mother-in-law in a nursing home, there was no other choice but Cullman Health Care. I had been there previously so I knew that she would be well taken care of. As it turned out, they put me on the same floor as her which was nice because I got to see and visit with her every day.

As a 2 timer there, I want people to know that a nursing home or rehab experience does not have to be a bad one. I can honestly say, I had fun during my stay.

I also want to thank the therapy staff. If not for Lydia and Debbie, I don't know if I would even be walking right now. But they made me want to do the exercises. I didn't want to let them down. So from the bottom of my heart, thank you!

Should I have to go back to rehab I am requesting Cullman Health Care, 3rd floor North.  
And Charlene, I have not forgotten your chicken and dumplings.  
Thank you again, every single one of you, for the care you gave to me. Mary said it best, "this floor is like family."

With much love, Vicki

Room

